

This institution is



	HCS School Meal Prices	Breakfast	Lunch
	Student Second Meals	\$1.75	\$3.25
	MILK ONLY	\$0.40	\$0.40
	Henry County Schools Staff	\$1.75	\$3.00
	Adult Visitor	\$1.75	\$3.25

Available Daily

Breakfast (in blue): **Assorted Cereal** Fresh Apples & Oranges 100% Fruit Juice Choice of Low Fat Milk

Lunch: Fresh Apples & Oranges Choice of Low Fat Milk

*Pork products listed in pink.



upply and demand.

We're trying to continue to operate as close to our pre-pandemic level as possible. But, like the restaurant and food service sector generally, we're facing unprecedented supply chain challenges. Sometimes we may have to substitute an item at the last minute to give our customers the best, freshest options available that day. We thank our parents and kids in advance for your on-going understanding of this situation!



Featured Specials of the Day

Monday, October 4 Strawberry Mini Pancakes, Assorted Cereal, Hot Dog Manager's Choice Entree, Carrot Sticks w/ Ranch, Baked Beans, Pineapple Tidbits

Tuesday, October 5 Mini Bagels w/ Cream Cheese, Manager's Choice, Cheeseburger, Deli Turkey Sandwich, Seasoned Fries, Carrot Sticks w/ Ranch, Sliced Peachers

Wednesday, October 6 Sausage Biscuit, Assorted Cereal, Chicken Nuggets w/ Roll, Manager's Choice Entree, Steamed Broccoli, Mashed Potatoes, 100% Juice

Thursday, October 7 Frosted Breakfast Pastry, Manager's Choice, Ravioli w/ Roll, Manager's Choice Entree, Green Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, October 8-Early Release Day

Breakfast Frudel, Assorted Cereal, Deli Turkey or PBJ/Wow Sack Lunch Stuffed Crust Pizza Grab & Go Tray

DNES ABO Touch the tip of your nose -00

that's what bones feel like without calcium. Bones that don't get enough calcium are weaker and more likely to break. Good sources of calcium include milk, yogurt, cheese, and calcium-fortified cereal and orange juice.

Henry County

School Nutrition

ing Student Achiev

PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!



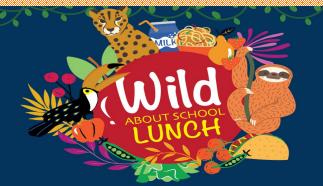
MEALS USING MYSCHOOLBUCKS.COM NO LATER THAN MONDAY 5PM BEFORE WEDNESDAY CURB SIDE PICK UP DATES. THIS IS TO ENSURE ADEQUATE MEALS ARE PREPARED. * KEEP YOUR FOOD COLD & REHEAT ACCORDING TO THE FOOD SAFETY TIPS PROVIDED.

VIEW WEBSITE >

MY SCHOOL BUCKS

The Simple Way to Pay FOR STUDENT MEALS

Check balances View purchases Pay with a credit card



National School Lunch Week

October 11-15, 2021

Featured Specials of the Day

Monday, October 11-Early Release Day Blueberry Mini Pancakes, Assorted Cereal, Chicken Sandwich Sack Lunch

Tuesday, October 12-Early Release Day Breakfast Frudel, Manager's Choice, Corn Dog Sack Lunch

Wednesday, October 13-Early Release Day Mini Bagels w/ Cream Cheese, Assorted Cereal, Deli Turkey or PBJ/Wow Sack Lunch

Thursday, October 14

Frosted Breakfast Pastry, Manager's Choice, Beefy Nachos w/ Salsa, Manager's Choice Entree, Black Beans, Broccoli Florets w/ Ranch, Frozen Juice Cup

Friday, October 15

Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, Manager's Choice Entree, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Juice When it comes to nutrition, this guy's a real heavyweight He's rich in vitamins and minerals and contains loads of cancer-fighting betacarotene. Plus, by weight fresh broccoli has more vitamin C than an orange and as much calcium as milkt Get lifting

Featured Specials of the Day

Monday, October 18 Strawberry Mini Pancakes, Assorted Cereal, Max Snax Tacos w/ Salsa, Manager's Choice Entree, Black Beans, Carrot Sticks w/ Ranch, Pineapple Tidbits

Tuesday, October 19 WG Muffin w/ Cheesestick or Yogurt, Manager's Choice, Cheeseburger, Deli Turkey Sandwich, Potato Tots, Carrot Sticks w/ Ranch, Sliced Peaches

Wednesday, October 20 Sausage Biscuit, Assorted Cereal, Popcorn Chicken w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Frozen Juice Cup

Thursday, October 21 Mini Bagels w/ Cream Cheese, Manager's Choice, Chicken Strips w/ Mac & Cheese, Manager's Choice Entree, Glazed Carrots, Garden Salad w/ Ranch, Fresh Peach

Friday, October 22 Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Juice Featured Specials of the Day

Monday, October 25 Blueberry Mini Pancakes, Assorted Cereal, Hot Dog, Manager's Choice Entree, Carrot Sticks w/ Ranch, Baked Beans, Pineapple Tidbits

Tuesday, October 26

Breakfast Frudel, Manager's Choice, Chicken Sandwich, Deli Turkey Sandwich, Seasoned Fries, Carrot Sticks w/ Ranch, Fresh Apple

Wednesday, October 27

Sausage Biscuit, Assorted Cereal, Chicken Nuggets w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Mandarin Oranges

Thursday, October 28

Frosted Breakfast Pastry, Manager's Choice, Spaghetti w/ Garlic Toast, Manager's Choice Entree, Green Beans, Garden Salad w/ Ranch, Frozen Juice Cup

Friday, October 29

Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Juice

